

What is Bio Music One?

Bio Music One is an audio-active program of 62 tracks, arranged onto 6 complementary and modular CDs, helping to maintain a higher state of consciousness, resulting in many benefits for the body, spirit and environment.

How does Bio Music One work?

Bio Music One produces melodious sound waves in order to create waveforms. The vibrations these produce activate subtler sound waveforms. A symbiotic coherence of these three layers is induced, creating "**Unified Fields of Sound Waves**" (UFSW) that are beneficial for human beings and their environment.

The UFSWs revitalise water, optimise its conductivity and protect it from the perturbing impact of all forms of stress (e.g. memory, personal, relationship, environmental, telluric and electromagnetic). This leads to a clear and fluid flow of information in 100% of body fluids that support good body function and maintain a state of well-being and enhanced consciousness to be able to better know yourself.

What can Bio Music One bring me?

1. Well-being

- Encourages you to reconnect with your higher self and to let go, and encourages a calmer thought process.
- Improves: General well-being, sleep, vitality, creativity, grounding, intuition, sensory perception, physical and intellectual performance, intimate relationships
- Reduces stress and electro-hyper-sensibility

2. Vital support

- For body-spirit balance and well-being professionals and enthusiasts:
 - ✓ Sports
 - ✓ Yoga - Qi Gong - Tai Chi
 - ✓ Massage treatments
 - ✓ Energetic treatments Reiki, healers...
 - ✓ Meditation, mindfulness
 - ✓ Coaching - Human Resources
- For health professionals:
 - ✓ All therapies
 - ✓ Specific treatments for: Alzheimer's, Autism, the physically and mentally challenged

2. Support for personal development

- Maintains an enhanced state of consciousness on every level:
 - ✓ Physical - Energetic - Psychological - Emotional - Sensory - Spiritual
- Enables you to explore subtle dimensions of yourself so as to:
 - ✓ Experience new sensations
 - ✓ Accelerate stress transmutation, especially the stressful impact of some memories
 - ✓ Improve your perception of appropriate solutions for your current situation
 - ✓ Explore and recognise your potentialities

3. Support for your surroundings

- Re-establishes a good ambient vibratory quality of all work and living spaces (by neutralising the impact of electromagnetic pollution and stressful memories)
- Beneficial effects on animals and plants
- Supports Feng-Shui practice, geobiology and dowsing

4. Artistic appreciation

- Six albums, six musical journeys through six musical worlds of ambient style



How is Bio Music One used?

Intuitively choose a CD and play it according to your needs of the moment:

- **Inaudible and continuous playback**, to maintain daily balance and well-being (Minimum sound volume to allow the frequencies to spread without actually hearing the music, during the day or night)
- **Interactive listening**, to speed up stress transmutation and the release of blockages (sonic meditation with headphones, in the dark)
- **Audible or background playback**, to relax and quickly enjoy a feeling of well-being (simple artistic appreciation, with friends or family)

NB: In order to better appreciate the artistic quality of Bio Music One, the CDs have been remastered at Metropolis Studios in London, one of the three best recording and mastering studios in the world.

Bio Music One by numbers

- 2 Co-creators
- First released 11 years ago
- More than 20 years of research and development
- 1 series (integrating 1 process) of 6 complementary CDs
- Proven and shown to work by 15 different scientific tests
- Used and recommended by more than 200 000 people, amongst whom a great number of health and well-being professionals
- More than 2500 positive written testimonials
- Media exposure on more than 30 TV channels and radio programmes (France 2, Canal Plus, RTVE, TELE Madrid, Canal 7, TV6, CadenaSer, Andorra Difusio, France Inter, Sud Radio, BBC6 Music, RNE, Radio 3, Europa FM...)
- Presented in 3 scientific publications as well as many articles in the international press (Femme Actuelle, Psychologies Magazine, Cambio 16, El País, Kindred Spirit, Yoga Magazine, Vital, Lumen, Formula As, Nova magazine...)
- Presented in many international congresses, of which "Music, Maths, Sciences" in Moscow (MMS2013), Quantique Planète, Université d'Eté des Biosciences...

Try it for free!

Try out our personal rebalancing session via **interactive listening**, it only takes 7 minutes and can sometimes have immediate and quite spectacular effects.



Want to know more? How can you get your own Bio Music One CD?

Have a browse through our testimonials and scientific tests, read our 'How to' guide, listen to some track excerpts, find out where our next conferences and workshops will be held and what the media say about us, our affiliate benefits and visit our SHOP all at:

www.biomusicone.net

